



INTAKE FORM

Date: _____

Name of Parents (indicate if step-parent/bio-parent):

Name of child/youth: _____

Address: _____

Phone: _____ Email: _____

Business Address: _____

Services being requested

Youth and parent counselling/individual therapy CBT/art therapy/youth justice intervention/mediation/child custody assessment reports.

JSS operates on a sliding scale that compensates service cost for low income families. Please check box if you intend to request to be considered for this program.

Yes No

Proof of income will be required (i.e. pay stub/social services documentation). Otherwise the fees for counselling services are: \$60.00 (flat rate) payable on date of service. Arrangements for post-dated cheques to be accepted to match pay periods.

Please check box if you are requesting this service.

Yes No - list pay date cycle _____

The third financial program involves the use of EAP or other employment plans. Please indicate whether you intend to use any of these plans.

Yes No

If so,

1. Name of EAP service provider (i.e. Shepell, Asperia, etc.)

2. Please provide contact information for EAP (i.e. your name and employee number).

3. Also advise the coverage of your plan (i.e. 3 sessions, etc.) Psychiatrist, Psychologist, Therapist).

Counselling cannot commence until EAP has approved the service.

The following information is required for assessment purposes:

Age of Youth: _____ Gender: _____

Any previous diagnosis (i.e. ADHD, ODD, Bi-polar): _____

When was diagnosis made? _____

By Whom: _____

Is the youth on any medications?

Yes - please list _____

No

Has youth recently been charged with a criminal offence?

Yes - please indicate charge _____

No

Is it a first offence? Yes No

Is a lawyer involved? Yes No

Please list what you consider to be your child/youth's major current issues (i.e. anxiety, depression, anti-authoritative, criminal activity, poor school performance, substance issues (use of alcohol/drugs)).

Please check any of the following difficulties that you think apply to your child.

- Difficulty handling transitions, shifting from one mind-set or task to another (shifting cognitive set)
- Difficulty mastering the energy to persist on tasks that are challenging, effortful, or tedious
- Difficulty doing things in a logical sequence or prescribed order
- Poor sense of time
- Difficulty reflecting on multiple thoughts or ideas simultaneously
- Difficulty maintaining focus for goal-directed problem-solving
- Difficulty considering the likely outcomes or consequences of actions (impulsive)
- Difficulty considering a range of solutions to a problem
- Difficulty expressing concerns, needs, or thoughts in words
- Difficulty understanding what is being said
- Difficulty managing emotional response to frustration so as to think rationally (separation of affect)
- Chronic irritability and/or anxiety significantly impede capacity for problem-solving
- Difficulty seeing the “grays”/concrete, literal, black-and-white thinking
- Difficulty deviating from rules, routine, original plan
- Difficulty handling unpredictability, ambiguity, uncertainty, novelty
- Difficulty shifting from original idea or solution/difficulty adapting to changes in plan or new rules/possibly perseverative or obsessive
- Difficulty taking into account situational factors that would suggest the need to adjust a plan of action
- Inflexible, inaccurate interpretations/cognitive distortions or biases (e.g., “Everyone’s out to get me,” “Nobody likes me,” “You always blame me,” “It’s not fair,” “I’m stupid,” “Things will never work out for me”)
- Difficulty attending to and/or accurately interpreting social cues/poor perception of social nuances
- Difficulty starting conversations, entering groups, connecting with people/lacking other basic social skills
- Difficulty seeking attention in appropriate ways
- Difficulty appreciating how one’s behaviour is affecting other people; often surprised by others’ response to his/her behaviour
- Difficulty empathizing with others, appreciating another person’s perspective or point of view
- Difficulty appreciating how one is coming across or being perceived by others

Please list any specific unsolved problems that you currently are concerned with (i.e. aggressive when confronted, not coming home, smoking marijuana regularly, skipping school, etc.)
